

# NAMI Western Nevada

*Supporting individuals, families and communities  
impacted by mental illness*



National Alliance on Mental Illness

Western Nevada

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# Who we are

- An organization of peers, family members and others passionate about mental health
- Volunteers dedicated to helping others through shared lived experiences
- Nevada's nationally recognized rural affiliate



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# *The power of our stories and lived experience*

Sandie's story



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# Peer and Family Support Services

- Compliment and support traditional mental health services
- Shows that recovery is possible
- Engage peers and families at a different level
- Family inclusion matters
- Respects that it takes a village



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# Education Programs

- Family-to-Family Class
  - *Offered in English and Spanish*
- Peer-to-Peer Class
- NAMI Basics Class
  - *Offered in English and Spanish*



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# Stigma Busters

- Ending the Silence
- FaithNet
- Family and Friends
- In Our Own Voice



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# Support for Peers and Families

- 22 NAMI Connection Recovery Support Groups per month
- 3 Family Support Groups per month
- New Groups in the Fall
  - 1 new NAMI Connection Group
  - 3 new Family Support Groups
  - Expansion of Video Conference Support Group to weekly



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NAMI Western Nevada is only  
possible because of the  
*heart, passion, and dedication*  
of our **volunteers!**



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